

Our maternity benefits are designed to support you during your pregnancy and childbirth, to give your little one the best possible start. These benefits are paid from Risk, so they will not affect your savings or day-to-day benefits. To get even more value, make sure you use a provider on our network.

WHAT DOES THIS BENEFIT COVER?

- · Antenatal consultations
- · 2D ultrasound scans
- · Antenatal classes with a midwife

Amniocentesis

- · Postnatal consultations with a midwife
- · Congenital hypothyroidism screening for children under one month old

· Newborn hearing screening (In or out of hospital)

The availability of these benefits depends on the plan you have chosen.

REMEMBER TO PRE-AUTHORISE YOUR HOSPITAL STAY

We need a pre-authorisation number for your pregnancy. This can be done from 20 weeks onwards. Please call us on 0860 002 108 or email hospital@bonitas.co.za to pre-authorise your hospital stay.



You will need to provide us with the following information:

- · Membership number
- Name and surname
- Date of expected delivery
- Type of deliveryProcedure and ICD-10 codes
- · Name and practice numbers of the hospital and your treating doctor/s









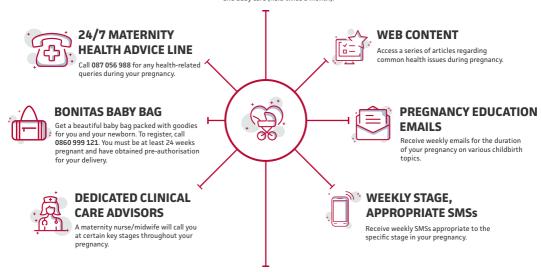
MATERNITY PROGRAMME OFFERING

We believe that as an expecting mom your pregnancy should be a unique and joyful experience. On top of your our maternity benefits, the Bonitas Maternity Programme offers members even more support. Through targeted assistance during each trimester, pregnancy education and specific related engagements, via telephone and digital channels, we aim to help our members, achieve this. With our Maternity Programme, we hope to improve the health of moms-to-be and, as a result, reduce the number of complications.



DIGITAL WEBINARS AND EVENTS

These cover various aspects of maternity and baby care (held twice a month).





ONLINE ANTENATAL CLASSES

Access online antenatal classes to prepare you for the birth, your stay in hospital and when you go home.

TO JOIN THE MATERNITY PROGRAMME, SIMPLY CALL 087 056 9888.





